

Many people struggle over the Christmas period. Don't be afraid to reach out. There is always someone to talk to:

Mental Health

CWP Crisis Line

Call 0800 145 6485

*For people living in Cheshire & Wirral.

Open 24/7

Compañeros Crisis Cafe

2a Price Street, Birkenhead,
CH41 6JN

Drop in 10am - 8:30pm

Samaritans

Call 116 123

Open 24/7

If somebody is in a life-threatening emergency, they can attend Accident and Emergency or call 999.

Emergency food and fuel support

During opening hours

Call Wirral Council on 0151 606 2005, 10am - 4pm
on Wednesday 27th - Friday 29th December.

Out of hours

Call 0151 677 6557 to speak to the out of
hours service.

Advice

National Citizens Adviceline is available on the 27th, 28th and 29th December, 9am - 5pm.

Call 0800 144 8848

Wirral Christmas activities and support

The hub at Involve Northwest is open on 27th and 28th December.

Call 0151 644 4500, 10am - 4pm.

For all activities over Christmas have a look at Wirral Infobank.

Please note: these services are not run by or affiliated with Citizens Advice Wirral

